



**eNews • Spring 2007**

### ***Welcome New Advisory Committee Member • Laura Bauman***

Colorado Walks is pleased to announce the appointment of Laura to the Colorado Walks Advisory Committee. We are privileged to add Laura to our roster of distinguished Advisors and look forward to her guidance and expertise in developing future programs and services. In fact, she has already forged a partnership between AARP and Colorado Walks to host two [Summer Walking Programs](#), one in Northern Colorado and the other in Denver.

Laura has over 20 years experience in the field of aging. With AARP Colorado since 1994, she has worked in many issue areas including health and fitness. For the past eight years she has managed AARP's summer fitness walks and T'ai Chi program at the Denver Botanic Gardens, and she organized AARP's successful snowshoe events and 10-week walking campaigns. Laura holds a B.A. degree from The University of North Carolina – Chapel Hill and a M.A. degree in Gerontology from The University of South Florida. She loves to cook, travel and hike when soccer Mom duties do not intervene!

Laura Bauman • Associate State Director, Community Outreach • AARP Colorado  
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### ***Colorado Walks Co-founder, Jan Ward***

Jan Ward, co-founder of Colorado Walks, is now full-time with the organization. This is tremendously exciting and a huge benefit to Colorado Walks! Jan left her position with the City of Boulder last December to follow her dream of leading the development of the Colorado Walks Mile Designation Program and Mile Walk/Run Events that promote health and community in Colorado's unique city center districts. Jan also manages [America's Downtown Mile Race Series](#) that includes mile events in Aspen, Boise, Ft. Collins, Minneapolis, Santa Barbara, Superior, and Vail. Jan's energy and enthusiasm are highly contagious and when combined with her extensive knowledge of health, wellness, and transportation issues she is a dynamic force.

Jan Ward • Vice President, Colorado Walks • [janward@coloradowalks.org](mailto:janward@coloradowalks.org) • 303-443-1297

### ***Colorado Pedestrian Month***

The House and Senate of the Colorado General Assembly passed HJR07-1031, *permanently establishing* October as both [Colorado Pedestrian Month](#) and [Colorado Walk to School Month](#). In addition, every Wednesday throughout the year is now [Colorado Walks Wednesday](#)! Colorado Walks thanks Representative John Kefalas and Senator Steve Johnson for co-sponsoring the resolution.

## **Colorado Pedestrian Summit & Village Mile Walk/Run**

Planning is underway for the [Colorado Pedestrian Summit and Village Mile Walk/Run](#) at the Marriott Resort & Spa in Vail, CO, September 20-22, 2007. *This is not just another talking heads conference and there are no panel presentations!* The format is this conference is designed to get participants fully engaged in developing walkable communities through a series of six workshops with roundtable discussions that include case studies from diverse communities in Colorado.

Registration:

Early Bird	Deadline	June 29	\$240
Pre-registration	Deadline	July 31	\$270
Registration	After	August 1	\$300

Due to the interactive nature of this conference, we are limited to 200 participants. So, start recruiting people from you community to come as a team and register early.

## **Colorado Walks Mile Designation Program**

Communities throughout Colorado are excited about the opportunity to designate a one-mile walking route in the heart of their downtown, town center, or other unique area within their community. Designation of a Colorado Walks Mile serves many purposes and communities tailor the Mile to suit their needs. Communities use the Mile:

- As an economic generator to bring people to area to walk and shop
- To encourage people to walk for health and fitness
- To highlight interesting historic, cultural, and other important features along the route
- To create a unique sense of place in the community where people enjoy being and being seen.

*To designate a Colorado Walks Mile in your community contact:*

Jan Ward • Vice President, Colorado Walks • [janward@coloradowalks.org](mailto:janward@coloradowalks.org) • 303-443-1297

## **Denver Safe Routes to School Coalition**

Colorado Walks is pleased to announce that the City of Denver is going to establish the Denver Safe Routes to School Coalition. Colorado Walks proposed establishing the coalition, which is now endorsed by Mayor Hickenlooper, Denver City Council, Denver Police Chief Gerald Whitman, Denver Public Schools, Denver Public Health, Safe Kids Denver Metro, and many other organizations.

The coalition's charge includes:

- Developing the Denver Safe Routes to School Strategic Plan
- Coordinating implementation of the plan
- Recommending policy and environmental changes necessary to sustain the plan
- Evaluating the plan
- Developing a sustainable Safe Routes to School Program to ensure that all children in the City of Denver can safely walk or bicycle to school.

We are in the early planning stages of an extensive outreach effort to ensure that all interested parties have the opportunity to join the coalition and help develop this important initiative so that all

children can safely walk or bicycle to school. If you are interested in the coalition, please send your name, contact information, and areas of interest to [GayPage@ColoradoWalks.org](mailto:GayPage@ColoradoWalks.org).

You can find more information about this initiative and the [Denver City Council Proclamation](#) on the Colorado Walks web site.

### ***Volunteer Code of Conduct Highlighted in "The Volunteer Management Report"***

Colorado Walks [Volunteer Code of Conduct](#) was featured in the April issue of "The Volunteer Management Report" as a good example of Volunteer Policies. Our volunteer code of conduct helps Colorado Walks volunteers understand what we expect of them – their role, behavior, liabilities, screening, and even causes for dismissal. Since the article was published, we have received numerous requests for permission to use our code as the template for establishing similar policies at other nonprofit organizations throughout the country.

### ***President's Council on Physical Fitness & Sports***

Colorado Walks received a Certificate of Appreciation for being a 50<sup>th</sup> Anniversary Partner of the President's Council on Physical Fitness and Sports. We joined more than 350 partners nationwide in promoting physical activity in 2006. We will continue our commitment to promote walking for health, fitness, and transportation in communities throughout the state with the vision of more walkable communities that enable more people to walk.

### ***Board of Directors - Secretary Vacancy***

The Colorado Walks Board of Directors is accepting applications for the position of Secretary of the Board. You can download the [Secretary Job Description](#) on the Colorado Walks web site. Applications are due May 31, 2007.

For more information contact:

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